



# **QUARRIERS EPILEPSY COMMUNITY OUTREACH**

Providing support for people living with epilepsy,  
and their families, carers and professionals

**QUARRIERS**

[quarriers.org.uk](https://quarriers.org.uk)

## What is epilepsy?

- Epilepsy is the one of the most common serious neurological conditions in the world.
- It affects around 600,000 people in the UK. This means that almost 1 in 100 people in the UK have epilepsy. Around 87 people are diagnosed with epilepsy in the UK every day.
- It can affect anyone at any time in their lives.
- There are different types of seizures and different treatments.
- With optimum treatment, most people with epilepsy are successfully treated with anti-epileptic medication.

## How we can help

Quarriers Epilepsy Community Outreach offers a range of services for people living with epilepsy, and their carers and professionals, including:

- up-to-date information on epilepsy.
- help, information and support for individuals of all ages and their families.
- clinical liaison with healthcare professionals.
- advocacy to help people with epilepsy have their voices heard.
- training in epilepsy awareness with individuals and groups.
- training in administration of emergency rescue medication.
- support for better seizure management and quality of life.
- We can visit you at home or at a mutually agreed place to discuss your needs.

“

**For years I struggled on my own, not fully understanding my symptoms. Not anymore!** ”



“  
**I would be lost  
without my  
support group**”

## What Epilepsy Outreach Workers do

- Offer information and support in areas throughout Scotland.
- Work in partnership with families, healthcare professionals and the community to increase awareness and understanding of epilepsy.
- Promote the wellbeing and welfare of people with epilepsy.
- Have an understanding of epilepsy and strategies to contribute to better seizure management and quality of life.
- We have a dedicated employability worker to support people with epilepsy into employment

## Epilepsy support groups in your area

Please contact the Aberdeenshire support group directly for info.  
[eco@quarriers.org.uk](mailto:eco@quarriers.org.uk)

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## Getting in touch

Norma Crawford, Epilepsy Community Outreach Manager

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Call: 07812 376500

Email: [norma.crawford@quarriers.org.uk](mailto:norma.crawford@quarriers.org.uk)

[eco@quarriers.org.uk](mailto:eco@quarriers.org.uk)

## Referrals

We accept referrals from people with epilepsy, families, carers, healthcare professionals, social workers, teachers and employers.

Referrals are accepted by phone, text, email or in person.



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