



QUARRIERS EPILEPSY COMMUNITY OUTREACH

Providing support for people living with epilepsy,
and their families, carers and professionals

Q^UARRIERS

Quarriers is a registered Scottish Charity No SC001960

quarriers.org.uk

What is epilepsy?

- Epilepsy is the one of the most common serious neurological conditions in the world.
- It affects around 600,000 people in the UK. This means that almost 1 in 100 people in the UK have epilepsy. Around 87 people are diagnosed with epilepsy in the UK every day.
- It can affect anyone at any time in their lives.
- There are different types of seizures and different treatments.
- With optimum treatment, most people with epilepsy are successfully treated with anti-epileptic medication.

How we can help

Quarriers Epilepsy Community Outreach offers a range of services for people living with epilepsy, and their carers and professionals, including:

- up-to-date information on epilepsy.
- help, information and support for individuals of all ages and their families.
- clinical liaison with healthcare professionals.
- advocacy to help people with epilepsy have their voices heard.
- training in epilepsy awareness with individuals and groups.
- training in administration of emergency rescue medication.
- support for better seizure management and quality of life.
- We can visit you at home or at a mutually agreed place to discuss your needs.

“

For years I struggled on my own, not fully understanding my symptoms. Not anymore! ”



“
I would be lost
without my
support group”

What Epilepsy Outreach Workers do

- Offer information and support in areas throughout Scotland.
- Work in partnership with families, healthcare professionals and the community to increase awareness and understanding of epilepsy.
- Promote the wellbeing and welfare of people with epilepsy.
- Have an understanding of epilepsy and strategies to contribute to better seizure management and quality of life.

Epilepsy support groups in your area

Please contact an Outreach Worker to access.

Fife	Dunfermline
Face-to-face support group	First Wednesday of every month 11am – 1pm
Online support group	Every Monday via Teams 7 – 8pm
Outreach Workers	Call: 07812 228495 Email: eco@quarriers.org.uk

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Getting in touch

Norma Crawford, Epilepsy Community Outreach Manager

The William Quarrier Scottish Epilepsy Centre,
20 St Kenneth Drive, Glasgow G51 4QD

Call: 07812 376500

Email: norma.crawford@quarriers.org.uk

Outreach Workers

Fife

Call: 07812 228495

Email: eco@quarriers.org.uk

Referrals

We accept referrals from people with epilepsy, families, carers, healthcare professionals, social workers, teachers and employers.

Referrals are accepted by phone, text, email or in person.



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